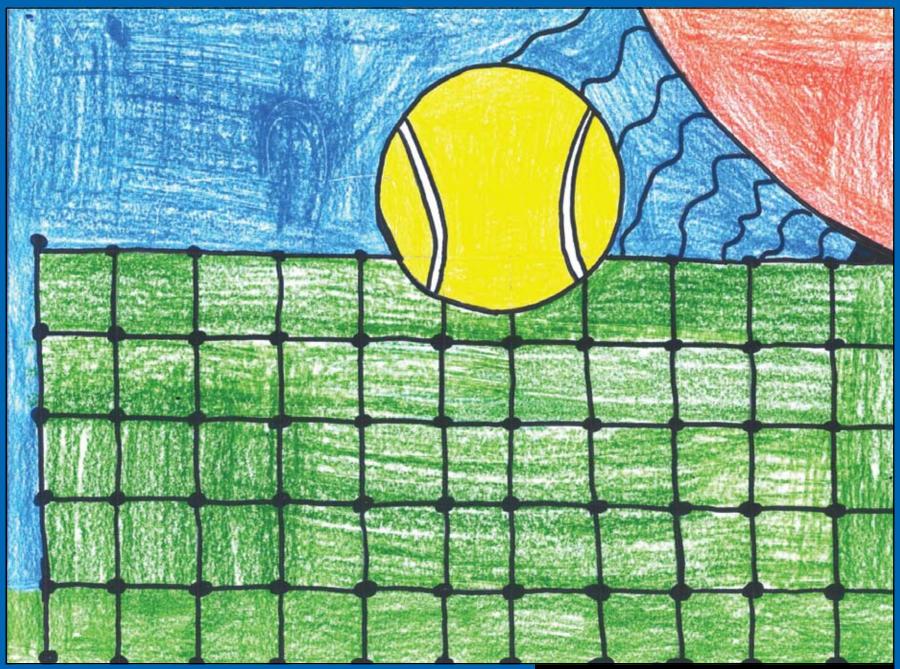
The Park Benck Benck Sanuary -

A publication of the City of Aiken, SC - Parks, Recreation & Tourism • January - April 2011



Hunter Kaney, Age: 10, 4th Grade - "Spring Tennis"

Cover Art Contest



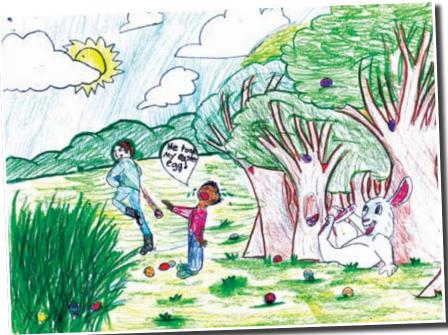
Rosa Sanchez, Age: 11, 5th Grade - "Storytime"



Daniel Husk, Age: 8, 3rd Grade - "Happy Day in the Sun"



Tara Davis, Age: 10, 4th Grade - "Baseball"



Brittany Tucker, Age: 11, 5th Grade - "Easter Egg Hunt"

Mission: To enhance the quality of life for OUR community. Vision: Experience Aiken.

Important Information

Registration: Registration may be done at the Weeks Center, Weeks Tennis Center, Citizens Park, or the Smith-Hazel Recreation Center (depending on the activity) and some online registration available at www.cityofaikensc.gov.

Payment: Payment is due at the time of registration. No spaces will be held and telephone registration is not permitted. You may pay by cash, check or money order. A service fee will be applied to all checks that are returned for non-payment. Make checks payable to: City of Aiken.

Cancellation Policy: Classes and programs are subject to cancellation due to insufficient registration, building closings, holidays, weather, or other reasons deemed necessary by the Department.

Make-Up Classes: Classes or programs cancelled by the instructor or the Parks, Recreation and Tourism Department will be made up at a later date. In the event that a missed class cannot be made up, a prorated refund will be given. Classes missed by the participants will not be made up or prorated.

Refund Policy: Requests for refunds must be made in writing at least FIVE business days prior to the start of programs held at the Weeks and Smith-Hazel Centers. Refunds for athletic leagues will vary and are noted on registration forms. After the deadline, no refunds will be granted except in cases of medical emergencies. Refunds may take up to 30 working days. No refunds will be granted for pre-purchased tickets or passes, camp deposits, fitness room memberships, or personal training sessions.

Non-Resident Fees: An additional fee is due for registrants living outside the Aiken city limits. This fee may vary depending on the participant's age and activity. Those who purchase a yearly Recreation Membership are exempt from these additional non-resident fees.

Recreation Memberships: Recreation Memberships may be purchased from the Department. These memberships entitle participants to equipment usage and in-city program costs only! Memberships cannot be used for rentals. Memberships may be purchased at the Weeks Center, Weeks Tennis Center, Citizens Park, or the Smith-Hazel Recreation Center. Individual Memberships and Family Memberships are available.

Monthly Classes: All monthly classes must be registered and paid for by the first class date of the month. Registration taken later in the month will not be prorated.

Channel 4: Please visit Channel 4, the City's Local Government Access Channel, provided by our cable service provider (Atlantic Broadband) for updates on our activities as well as additional City of Aiken information.

Website: Log onto www.cityofaikensc.gov for all City of Aiken information and activities.

Facebook: Please visit PRT's Facebook page at www.facebook.com/ExperienceAiken for updates on our activities as well as information on upcoming programs - 'City of Aiken Parks, Recreation and Tourism'.

Entry into the Weeks Center: The entry system requires ALL building users to check in at the front desk. How will this affect you? You will fall into one of two categories:

City Resident - register with the front desk staff to receive your FREE Recreation Membership. You will be given an entry card that you will use to swipe in to gain entry into the facilities.

Non-Resident of the City of Aiken - one of the following will apply to you, please check with front desk staff for additional requirements:

- Senior Non-Residents adults age 50 and over, FREE annual entry pass
- Student Non-Residents valid student ID required, annual entry pass for \$10
- Non-Residents may also purchase a Recreation Membership at the cost of \$75 for an individual or \$125 for family, which includes entry pass and waives all Non-Resident Fees for one year. (See staff for details)
- Non-Residents who do not take any of the above options will be required to pay a daily entry fee of \$1.00. Non-Residents without a Recreation Membership who are interested in utilizing the Fitness Room may pay a daily fee of \$5. A state issued ID and/or valid proof of residency is required for all passes and memberships, and is required for entering new customers into the system. Youth under the age of 18 will require a parent/guardian to register for their membership. Customers who wish to use the facility for restroom or water fountain usage only should enter through the doors located at the back of the facility on the left side closest to the playground. These doors remain open from 7:00 am to 12:00 midnight and do not require a pass to enter, but allow access to restrooms and water fountain only. For additional questions or concerns, please see the front desk staff at the Weeks Center or call 642-7631.



Rain Out Hotline 643-4661 or RainedOut.com.

Sign up to get instant text messages on outdoor program and event status, enter in:

City of Aiken.

HOURS FOR SMITH-HAZEL CENTER:

Building:

Monday - Friday: 8:00 a.m. - 9:00 p.m. Saturdays: 9:00 a.m. - 5:00 p.m. Sundays: 1:00 - 5:00 p.m.

Gym*:

Monday - Friday: 9:00 a.m. - 8:45 p.m. Saturdays: 9:00 a.m. - 4:45 p.m. Sundays: 1:00 - 4:45 p.m.

Call 642-7634 for more information.

*Gym may be closed at anytime due to rentals or in-house activities.

HOURS FOR THE WEEKS CENTER:

Building:

Monday - Friday: 8:00 a.m. - 9:00 p.m. Saturdays: 9:00 a.m. - 5:00 p.m.

Sundays: 1:00 - 5:00 p.m.

Gym*:

Monday - Friday: 9:00 a.m. - 8:45 p.m. Saturdays: 9:00 a.m. - 4:45 p.m. Sundays: 1:00 - 4:45 p.m.

Fitness Room:

Monday - Friday: 8:15 a.m. - 8:45 p.m. Saturdays: 9:15 a.m. - 4:45 p.m.

Sundays: 1:15 - 4:45 p.m.

Call 642-7631 for more information.

* Gym may be closed at anytime due to reservations.

HOURS FOR CITIZENS PARK:

Monday - Thursday: 8:00 a.m. - 8:30 p.m.

Fridays: 8:00 a.m. - 5:00 p.m. Closed Saturdays and Sundays (except for tournament play - hours vary)

Call 642-7761 for more information.

* HOURS FOR AIKEN THOROUGHBRED RACING HALL OF FAME AND MUSEUM

The Aiken Thoroughbred Racing Hall of Fame and Museum is located in Hopelands Gardens at 135 Dupree Place (off Whiskey Road) and and celebrates Aiken's contributions to equestrain sports. The Racing Hall of Fame is open September - May, Tuesday - Friday from 2:00 - 5:00 p.m., Saturday from 10:00 a.m. - 5:00 p.m. and Sunday from 2:00 - 5:00 p.m., weather permitting. For more information, call 642-7631, e-mail halloffame@cityofaikensc.gov or visit the Hall of Fame website at www.aikenracinghalloffame.com.

AIKEN VISITORS CENTER AND TRAIN MUSEUM:

Wednesday - Friday: 10:00 a.m. - 5:00 p.m.

Saturdays: 9:00 a.m. - 2:00 p.m.



The City of Aiken Parks, Recreation & Tourism Department is a proud member of the:



South Carolina Recreation and Parks Association National Recreation and Parks Association

Festivals & Special Events

Pre-Martin Luther King, Jr. Luncheon

Join this luncheon to honor Martin Luther King, Jr.

Age: Adult Cost: Fees apply

Thursday, January 13, 11:00 a.m. - 1:00 p.m.

Smith-Hazel Recreation Center Call 642-7634 for more information.



Black History - Jazz Musical Concert

Consist of an evening of jazz and dancing. Light hors d'oeuvres.

Age: All Cost: Fees apply

Saturday, February 26, 5:00 - 10:00 p.m.

Smith-Hazel Recreation Center Call 642-7634 for more information.

Pierre "Peb" Bellocq Art Exhibition & Sale

The works of nationally known cartoonist Pierre Bellocq, better known as Peb, will be shown at the Aiken Thoroughbred Racing Hall of Fame and Museum.

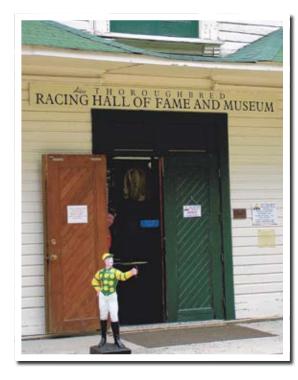
Age: All (children must be accompanied by an adult)

Cost: Free. The artist will have items available for purchase and a portion of the proceeds will be donated to the Hall of Fame.

March 3 - 27, *refer to page 2 for hours. (A reception for the artist will be held on Thursday, March 3, from 5:00 - 7:00 p.m., and the public is invited to attend.)

Aiken Thoroughbred Racing Hall of Fame and Museum

(inside Hopelands Gardens)
Call 642-7650 for more information and show hours.





Breakfast at the Gallops

Enjoy breakfast while observing juvenile and older Thoroughbreds as they prepare to go to the racetracks all of the United States. Local trainers will be on hand to talk to participants about the various training methods used to train Aiken's equine athletes.

Age: All (children must be accompanied by an adult)

Cost: Fees apply. Tickets may be purchased at the H.O. Weeks Activities Center or at the Aiken Training Track office.

Wednesday, March 16, 8:00 - 10:00 a.m.

Aiken Training Track (on Two Notch Road-south entrance)

(*Only in the case of severe weather will this event be cancelled.)

Call 642-7631 for more information.

Wearing of the Green

If you wear green on St. Patrick's Day, stop by the Smith-Hazel Recreation Center to receive a prize.

Age: All Cost: Free

Thursday, March 17, 8:30 a.m. - 8:30 p.m.

Smith-Hazel Recreation Center Call 642-7634 for more information.



Spring Time's Lunch and a Play

Be entertained with a variety of characters and acts during our Spring Break puppet show! Attendees are encouraged to bring a lawn chair or blanket and a picnic lunch.

Age: All (children must be accompanied by an adult)

Cost: Free

Wednesday, April 6, 11:00 a.m.

Hopelands Gardens





Cruise In to the Kite Festival

Come celebrate National Kite Month with us during the annual Aiken Kite Festival. This family event will provide a variety of activities including: kite flying demonstrations, food vendors, inflatable's, and NEW this year: a motorcycle cruise-in, remote controlled plane demonstrations, and face painting! We are also accepting donations of a new or gently used children's book to our Paws For Reading and Storytime in the Park Programs.

Cost: Fees apply for Inflatable's (children must be accompanied by an adult)

Saturday, April 16, 10:00 a.m. - 2:00 p.m.

Citizens Park, Champion Field

Call 642-7634 for more information.

Community Easter Egg Hunt

The Easter Bunny is on his way. Come celebrate Easter with us. We'll have eggs for everyone, an egg hunt, games, and lots of fun.

Age: 12 and under

Cost: Fees apply for 5 - 12 years old; Free for ages 4 and under (accompanied by an adult) Saturday, April 23, 11:00 a.m. - 1:00 p.m.

Saturday, April 23, 11:00 a.m. - 1:00 p.m.

Perry Memorial Park

Call 642-7634 for more information.

Youth & Adult Enrichment Programs

Skateboarding Lessons

Classes meet one day a week for 5 weeks. Course schedule includes center of balance, kick turns and manuals, ramps and dropping in, grinding and fingerflips, and intro to flip tricks. Participants must choose Tuesday Lessons, Thursday Lessons, or Saturday Lessons.



Class size is limited! Must pre-register!

Age: 7 and up Cost: Fees apply

Tuesday Lessons, January 4 - February 1; February 8 - March 8; March 15 - April 12, 5:00 - 7:00 p.m. Thursday Lessons, January 6 - February 3; February 10 - March 10; March 17 - April 14, 5:00 - 7:00 p.m. Saturday Lessons, January 8 - February 5; February 12 - March 12; March 19 - April 16, 1:00 - 3:00 p.m.

Aiken Skate Park

Call 642-7631 for more information.

Youth Game Day

Come join the Fun! Consist of movies, Karaoke, Board Games, and Wii games. Lunch included. Registration opens Monday December 13, 2010. Registration ends January 7, 2011 (space limited).

Age: 5-16 Cost: Fees apply

(Teacher's work day), January 14, 8am-4pm Smith-Hazel Center

Call 642-7634 for more information.

Jr. Chefs Club

Junior Chefs will learn basic kitchen safety, menu planning, food preparation, cooking, and clean-up. Table setting and dining etiquette will be demonstrated and practiced at all times. Each class will create their very own cookbook! Classes are held once a week.

Age: 7-17

Time: 3:30 - 5:30 p.m.

Registration begins January 8.

Cost: Fees Apply

Classes begin January 18. Classes meet on Tuesday's or Thursday's.

Smith-Hazel Recreation Center Kitchen Call 642-7634 for more information.

Toddler Time

Use the gym space to run, chase and release a lot of energy! This program allows for kids to interact with others of the same age, and gives parents a chance to socialize with one another. Equipment and toys such as balls, scooters, mats, hoolahoops, parachutes and more will be provided to stimulate free play. Personal toys are welcomed. Children must be accompanied by an adult. Sibling policy: Only enrolled participants ages 5 and under may participate in the activity. Infants in strollers who are not yet walking are welcome to attend. Siblings older than 5 may be present but must stay seated



Age: 5 and under (accompanied by an adult)

Cost: Fees apply

Mondays and Wednesdays, 9:30 - 11:30 a.m.

Weeks Center, Gym 2

on the bleachers at all times.

Call 642-7631 for more information.

Ceramics

The Ceramics Center offers participants the opportunity to create, paint, glaze and fire a variety of objects including dishes, vases, seasonal decorations and more. Fees include one class per week and students may choose from one of the options listed below.

Class may last up to 3 hours depending on your skill level and what stage you are working on with your pieces.

Age: 14 and up **Cost:** Fees apply

Monday, 9:00 a.m. and 6:00 p.m.

Tuesday, 6:00 p.m. / Wednesday, 9:00 a.m.

Weeks Ceramics Center

Call 642-7631 for more information.

Birthday Parties at the Ceramics Center

Rent the Ceramics Center for your child's next Birthday Party! The ceramics instructor will help the kids paint a pre-chosen ceramic piece. There are a variety of choices for kids of all ages.

Age: All Cost: Varies

Weeks Ceramics Center





After-School Program

Provides activities such as homework help, games, field trips, awards for academic achievement and a light snack daily.

Registration: Ongoing

Age: 5 - 13 Cost: Fees apply

Monday - Friday: January - April, 2:00 - 5:00 p.m. Smith-Hazel Recreation Center, Activity Room

Call 642-7634 for more information.

Puppy Class (AKC S.T.A.R. Puppy Program)

This class is a six-week course of instruction for puppies ten weeks to twenty weeks of age. The puppy class is designed to provide owners with information on how to handle a new puppy. Puppies will learn a variety of skills and commands, and will take the S.T.A.R. Puppy Test at the end of the course. Puppies must have record of 2 sets of shots.

Age: All

Cost: Fees apply

Wednesdays: January 12 – February 16, 5:30 – 6:30 p.m.

Tuesdays: March 8 – April 12, 5:30 – 6:30 p.m.

Weeks Center, Room 1 & 2

Call 642-7631 for more information.

Basic Dog Training (Good Manners Program)

The Basic Dog Training class is for dogs that are five months old or older. This class runs for six weeks. Your dog will learn the basic commands of come, sit, down, stay, wait, stand, etc. Topics will include basic care of dogs and what to expect as the training progresses. Dogs must be registered with the City if residing within the City of Aiken and you must provide a copy of your dog's rabies certificate.

Age: All Cost: Fees apply

Wednesdays: January 12 - February 16, 7:00 - 8:00 p.m.

Tuesdays: March 8 – April 12, 7:00 – 8:00 p.m.

Weeks Center, Room 1 & 2

Call 642-7631 for more information.

Youth Archery League

This program is for beginners and experienced archers. Participants will learn archery history, safety, technique, equipment, mental concentration, and self-improvement. Students shoot at bull's-eye targets placed before an arrow resistant net in the gymnasium. Equipment used is state-of-the-art and designed to fit every student. The first class will include watching an instructional DVD on safety. League can accommodate up to 20 participants.

Age: 5-16 (accompanied by an adult)

Cost: Fees apply

12 Sessions: Wednesday, 6:30 – 8:00 p.m. January 5 – March 30 (no class March 2)

Weeks Center, Gym 2

Call 642-7631 or instructor Roger Pizio at 648-7892 for more information.

Paws for Reading

This program is designed to boost children's confidence by providing furry friends to listen as they read aloud. Children will be allowed between 20-30 minutes of individual time per session.

Age: children grades 1-3

Cost: Free

Second Wednesday, January - April, 3:30 p.m. - 4:30 p.m.

Smith-Hazel Recreation Center

Call 642-7634 for more information.

Storytime at Smith-Hazel

A time for stories, games, prizes, books and refreshments. Stories read by senior adults, volunteers and sorority members. Each child will receive a book to take home.

(If interested in becoming a volunteer reader, please contact 642-7634!)

Age: 10 and under (4 and under must be accompanied by an adult)

Cost: Free

First Wednesday, January - April, 3:00 - 4:00 p.m.

Smith-Hazel Recreation Center, Park (In case of inclement weather, Storytime will be held inside the Smith-Hazel Recreation Center Gym.)

Call 642-7634 for more information.

Storytime in the Gardens

Join us this fall as local senior adults read aloud stories from children's books. Each child in attendance receives a free book to take home. Bring a blanket or chair to sit on. Drinks and snacks are welcomed. (If interested in becoming a volunteer reader, please contact 642-7650.)

Age: 8 and under (accompanied by an adult)

Cost: Free

Tuesdays, March - May, 4:00 p.m.

Hopelands Gardens (behind the Thoroughbred Racing Hall of Fame)

(In case of inclement weather, Storytime will be held inside the Weeks Activities Center.)

Call 642-7631 for more information.



Aiken SPCA Dog Park/City of Aiken

Location: 199 Willow Run Road **Hours:** Sun up to sun down

Fees: Purchase Annual Dog Park Tag (ALL dogs required to have a tag to enter the park) at H.O. Weeks Center, Public Safety, Chamber of Commerce and the SPCA

Shelter - \$10 per dog.

Proof of current rabies certificate and City license (for City residents) required.

For more information call 648-6863.

Soccer Skills

This class teaches young players the skills and rules of soccer. It is a noncompetitive environment and children are encouraged to progress gradually. Children must be the appropriate age by the first class date. *This class fills up fast so register early!* Registration opens February 14.

Age: 4 - 5 (children must be the appropriate age by the first class date)

Cost: Fees apply

Mondays, March 14 - April 25 (no class April 4), 5:30 - 6:15 p.m.,

Weeks Soccer Field

(In case of inclement weather, Soccer Skills will be held inside the Weeks Center Gym 2.) Call 642-7631 for more information.

Skate Park Hours of Operation

Monday – Friday, 3:30 – 8:30 p.m. Saturdays (The first Saturday of each month is a free skate day.), 9:00 a.m. - 5:00 p.m.

Sundays, 1:00 – 5:00 p.m. Fees Apply for the following:

Daily Pass Membership, 5 Day Pass Membership, Yearly Pass Membership, Individual Membership and Family Membership Available. Skaters are not allowed to share a daily, 5-day or

yearly pass.

Call 642-7631 for more information.

Session hours will vary throughout the year and are subject to change without notice. Session hours may be changed or cancelled due to inclement weather.



Fitness Classes & Information

Fitness Room Equipment Orientation

Learn how to safely use and make adjustments on the fitness room equipment based on your fitness needs and level. This is a one-time session offered to fitness room members only. You must pre-register to attend the orientation and be a valid Fitness Room participant.

Sign up at the Weeks Center Front Desk.

Age: 18 and up **Cost:** Free

First Saturday of the month, 9:00 - 10:00 a.m.

Weeks Fitness Room

Call 642-7631 for more information.

Fitness Room

Our Fitness Room has expanded! The Weeks Center Fitness Room is equipped with a variety of cardiovascular and strength training equipment, with ample space for stretching and free weight exercise. Fitness tips and health information for members are posted monthly on the fitness room bulletin board, and our trainer-on-duty is available to assist you with your training needs. **Participants must check in at the**

Weeks Center front desk.

Age: 16 and up (teens age 16 & 17 must be accompanied by an adult)

Cost: Fees apply

Monday - Friday, 8:15 a.m. - 8:45 p.m.

Saturday: 9:15 a.m. - 4:45 p.m., Sunday: 1:15 p.m. - 4:45 p.m.

Weeks Fitness Room

Call 642-7631 for more information.



Let our Certified Personal Trainers enhance your quality of life through exercise and nutrition counseling with a one-on-one personalized training program. Focus is on strength, endurance, balance, and daily function. Sessions include cardiovascular and fitness testing. Each session is one hour. Participants must be a Fitness Room valid member.

Age: All (additional guidelines apply for those under 18)

Cost: Fees apply (Multiple sessions must be paid for, in full, at time of registration.)

Weeks Center Fitness Room

Call 642-7631 for more information.

Group Training Bootcamp

Enjoy group exercise with a bootcamp flare. Classes will include cardiovascular training, active warm up, push ups, sit ups, agility activities, team building, stretching, good times and fun! This energetic atmosphere is designed to be challenging yet tailored to specific abilities. Activities will be held in the fitness room, gymnasium, and/or outside weather permitting. No commitment necessary, just drop in and pay as you go. Dates and times added to meet demand: Ask about our New Year's Special!

Age: 18 and up Cost: Fees apply

Mondays, 5:00 – 6:00 p.m.; Wednesdays, 5:15- 6:15 p.m.

Weeks Center Fitness Room

Call 642-7631 for more information.

Shape Up Fitness and Nutrition Class

The two days per week exercise program is devised of several different timed conditioning circuit exercises, and is designed for all skill levels. The monthly nutrition portion of class will consist of a nutrition seminar, a grocery store outing, and a weekly email highlighting health and fitness tips.



Free Class Demo: January 4.

Age: 18 and up Cost: Fees apply

Class begins on January 11, Tuesdays and Thursdays, 5:30 – 6:30 p.m.

Weeks Center, Rooms 6

Cuong Nhu Marital Arts

Cuong Nhu is a unique and complete martial arts training program. It offers a wide variety of techniques, blending seven styles of martial arts together to create one cohesive system. Practice includes self-defense, blocks, punches, katas, weapons, sparring, throws, and more. There is something for everyone! No experience necessary, just a desire to learn. Fees include three classes per week and is offered in 3-month sessions.

Registration ends January 31.

Age: 13 and up Cost: Fees apply

January – March; April - June: Mondays, 6:45 - 8:45 p.m.; Thursdays, 7:30 - 9:00 p.m.; Saturdays, 10:00 a.m. - 12 noon

Weeks Center, Rooms 6 & 7 Call 642-7631 for more information.

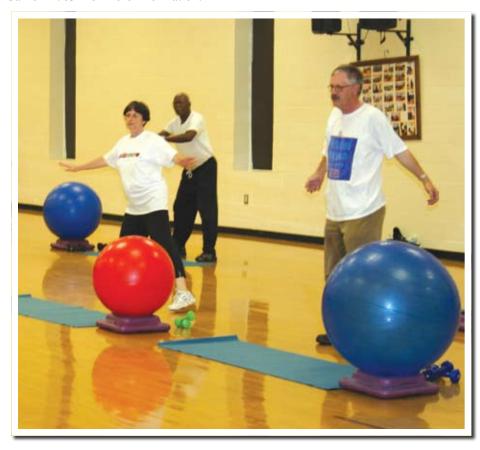
Line Dance

Learn country line dances as well as those taught to jazz, big band, and modern music in this moderately paced fitness class.

Age: 16 and up **Cost:** Fees apply

Monthly: Tuesdays, 10:00 - 11:00 a.m.

Weeks Center, Rooms 6 & 7 Call 642-7631 for more information.



Fit 4 Ever

This low impact, moderate paced fitness class is great for a total body workout! Enjoy aerobics, resistance exercises with light weights, and floor exercises all set to fun, upbeat music.

Age: 16 and up **Cost:** Fees apply

Free for SilverSneakers® Swipe Card Members

Monthly: Mondays, Wednesdays, Thursdays, and Fridays, 10:00 - 11:00 a.m.

Weeks Center, Rooms 6 & 7

Call 642-7631 for more information.



Yoga I, Yoga II, & Evening Yoga

In this gentle mind/body workout, you will strengthen and tone your body, improve your balance, flexibility, and calm your mind. Traditional yoga poses combined with soothing music will give your day a whole new focus. The first Tuesday of each month will introduce basic poses. The Friday class will offer several more challenging options. Participants may attend any combination of Yoga I, II, & Evening Yoga classes.

Age: 16 and up **Cost:** Fees apply

Yoga I: Monthly, Tuesdays and Thursdays, 8:45 - 9:45 a.m.

Yoga II: Monthly, Fridays, 8:45 - 9:45 a.m.

Evening Yoga: Monthly, Mondays and Wednesdays, 5:30 – 6:30 p.m.

Weeks Center, Rooms 6 & 7 Call 642-7631 for more information.

Recreation Ramblers Walking Club

Join this free club and keep track of the miles you walk throughout the year. You can join anytime! We will celebrate with an end of the year party.

Age: 18 and up Cost: Free

Weeks Center Walking Track
Call 642-7631 for more information.

Aerobic and Nutrition Class

Getting fit for life with moderate paced aerobic and floor exercise.

Age: 15 and up **Cost:** Fees apply

Monthly: Tuesday & Thursday, 6:00 – 7:00 p.m.

Smith-Hazel Recreation Center, Gym Call 642-7634 for more information.

Pickleball at the Weeks Center

What is Pickleball you ask? Pickleball is a combination of tennis, badminton and ping pong, and it's one of the fastest growing sports in America. It may be a silly name, but it's a serious sport. It's fast paced and easy to learn, great exercise and lots of fun. Good for all ages! Come see what the excitement is about! FREE instruction! Learn from current players of the game. We have all the equipment you need. Just bring yourself.

Age: All Cost: Fees apply

Dates/Times: TBA
Weeks Center, Gym 1

Racquetball

Grab a partner and enjoy this indoor sport at the Weeks Center!

Monday - Friday, 8:00 a.m. - 9:00 p.m.

Saturdays, 9:00 a.m. - 5:00 p.m. and Sundays, 1:00 - 5:00 p.m. are Walk-In / Free Play Days.

Cost: Fees apply

Reservations are required and can be made up to 4 days in advance.

Participants must check-in at the Weeks Center front desk.

(Paid court reservations will still be taken on Saturdays and Sundays and will supersede any walk-in players no matter how little or long walk-in players have been on the court.)

"All you can play" Frequent User Pass:

Cost: Fees apply (*Play as much you want without paying court fees every time, and the pass is valid for one year from the date of purchase.)* Non-Residents or Visitors can receive City rates on court fees by purchasing a recreation membership.

Weeks Center

Call 642-7631 for more information.

Athletics - Youth & Adult Sports

Spring Baseball

Program for boys and girls to learn the rules, skills, and fun of baseball. Players will be divided by age and/or skill level and teams will compete in league play. Participants are provided jerseys and hats. First time players must bring a birth certificate.

Registration Begins: January 13 - 27 at Citizens Park.

Age: 5 and older (by May 1, 2011)

League Play Begins: February or March, depending on age division

Cost: Fees apply Citizens Park

Call 642-7761 for more information.



Girls Fast-Pitch Softball

Girls softball league is designed for fun, participation and skill development. Players will be divided by age and/or skill level and teams will compete in league play. Participants are provided jerseys and visors. First time players must bring a birth certificate to registration.

Age: 6 and up (by January 1, 2011)

Registration Begins: January 13 - 27 at Citizens Park.

League Play Begins: February or March, depending on age division

Cost: Fees apply Citizens Park

Call 642-7761 for more information.



Spring Soccer League

Co-ed program offered for boys and girls for fun, participation and basic skill development. Players will be divided by age and/or skill level and teams will compete in league play. Participants are provided jerseys, shorts and socks. First time players must bring a birth certificate to registration.

Age: 5 and older (by September 1, 2011)

Registration Begins: January 13 - 27 at Citizens Park.

League Play Begins: March 14

Cost: Fees apply Citizens Park

Call 642-7761 for more information.

Buddy Soccer / Buddy Baseball

Buddy Soccer and Buddy Baseball will teach new skills, develop motor skills and social skills, and build new friendships. We encourage everyone to participate! Uniforms will be provided for each sport. Buddy Sports was started in order to provide recreation and exercise for children with special needs and all types of disabilities. The goal of this programming is to provide youth sports for every child within the city. We provide a safe, fun, and interactive environment for



participants. \$20 scholarships available. Registration Begins: February 10.

Age: 5 - 16 years

League Play Begins: March, 6 week sessions

Cost: Fees apply Citizens Park



Weeks Tennis Center

Tennis Court Hours of Operation:

Monday - Thursday: 8:00 a.m. - 9:00 p.m. Friday - Saturday: 8:00 a.m. - 8:00 p.m.

Sunday: 8:00 a.m. - 8:00 p.m.

Reservations can be made by calling 642-7739 within the hours of operation of our

Reservation requests should not be left on WTC voice mail.

Weeks Tennis Center Hours of Operation:

Monday - Thursday: 9:00 a.m. - 12:00 noon; and 3:30 to 9:00 p.m.

Friday: 9:00 a.m. - 12:00 noon; and 3:30 to 8:00 p.m. Saturday: 8:00 a.m. - 12:00 noon; and 3:30 - 8:00 p.m.

Sunday: 12:45 - 8:00 p.m.

Call 642-7739 for more information.

Quick Start Tennis

Quick Start (also known as Pee Wee) Tennis is a great way to introduce children to sports. Smaller courts, smaller nets, smaller racquets and soft tennis balls create a suitable environment for younger kids.

Registration: On-going / year - round

Age: 4 - 8 **Cost:** Fees apply

Weekly: Mondays, 5:00 – 5:45 p.m. Call 642-7739 for more information.

Junior Beginner Tennis Clinics

Two, one hour group lessons per week for anyone age 8 - 12 interested in learning the skills necessary to play tennis. Through a series of drills and fun games, designed to improve hand-eye coordination and increase small and large motor skills, with progressive instruction geared to fit the participants' readiness level. Our certified teaching professionals will teach everything from the proper way to hold a racket, proper footwork, and the fundamental techniques of hitting ground strokes, volleys, serves, and how to keep score.

Registration: On-going / year - round.

Age: 8 - 12 **Cost:** Fees apply

Weekly: Mondays and Wednesdays, 4:00 - 5:00 p.m.

Call 642-7739 for more information.

Junior Advance Tennis Clinics

Take part in two, one and one half hour group lessons per week for anyone age 10 - 18 interested in further developing the skills necessary to play tennis. These lessons are for those who have completed Jr. Beginner Tennis Clinics or a comparable class and have a basic knowledge of the game. The clinics are designed to improve what was learned in the beginner program as well as teach advanced skills, strategy, and shot selection.

Registration: On - going / year - round.

Age: 10 - 18

Weekly: Tuesdays and Thursdays, 4:00 - 5:30 p.m.

Cost: Fees apply **Weeks Tennis Center**

Call 642-7739 for more information.

Days and times are based on the public school system and other factors and will be adjusted periodically as needed.

Men's and Women's USTA Leagues

USTA League Tennis is the country's largest recreational tennis league, helping more than 295,000 players nationwide get on the court, have a good time, and step up their game. The League is organized as competitive team match play. Teams are made up of a minimum of five to eight players depending upon division. Teams and matches are set up according to NTRP ratings, so your teammates and opponents will be at your skill level. USTA Spring & Fall, adult, combo, and mixed doubles leagues.

Ranked: M (NTRP, 3.0 - 5.0)sd; W (NTRP, 2.5 - 5.0)sd;

W (NTRP, 2.5 - 5.0)sd; Combo MX (6.5 - 9.5)d;

*Registration: On - going / year - round.

Age: 19 and up Cost: Fees apply

Weekly: Monday - Sunday, Hours: TBA

Weeks Tennis Center



CSRA Ladies Tennis Leagues

The CSRA Ladies Tennis League is for women who desire keeping fit and enjoy

competition. Instructional clinics continue year-round and twice a year (Spring and

Fall). The ladies are formed into teams and compete against teams representing other tennis facilities located throughout the CSRA.

A Division: For women who play a strong 3.5 or higher level. Check with pro shop

for clinic schedule. League matches are played on Tuesdays during the league

seasons

Cost: Call for information.

B Division: For women who play a strong 3.0 to good 3.5 level. Check with pro shop

for clinic schedule. League matches

are played on Thursdays during the league seasons.

Cost: Call for information.

C Division: For women who play at a 2.5 to 3.0 level. Check with pro shop for clinic schedule. League matches are played on Fridays during the league seasons.

Cost: Fees apply

Registration: On – going / year - round.

League Play Begins: League seasons begin at the beginning of January for Spring

season and August for Fall Season. Age: 19 and up

Weeks Tennis Center
Call 642-7739 for more information.

Senior Fun

Senior Citizens Valentine's Day Tea Party Social

Seniors Celebrate Valentine's Day with a Tea party! Music and party refreshments will be provided. Door prizes will be awarded.

Age: 50 and up **Cost:** Fees apply

Monday, February 14, 4:00 - 6:00 p.m. Smith-Hazel Recreation Center Call 642-7634 for more information.

Senior Citizens Easter Egg Hunt and Luncheon

Enjoy a fun filled day to celebrate Easter. Seniors will also have an Egg Decorating Contest.

Age: 50 and up

Cost: Fees apply

Thursday, April 21, 11:00 a.m. - 1:00 p.m.

Smith-Hazel Recreation Center Call 642-7634 for more information.





Get away from home, and join the senior fun! Play games, go on trips, attend parties and special events, make art and crafts, and much more.

Age: 50 and up Cost: Free

Monthly: Tuesdays and Thursdays: 10:00 a.m. - 12:00 noon

Smith-Hazel Recreation Center Call 642-7634 for more information.

Bingo for Seniors

Join in for an exciting game of Bingo! 9 games are played. Prizes are \$5 gift cards.

Cost: Fees apply

Monthly: Tuesdays, 9:00 - 10:00 a.m.

Weeks Center, Room 4

Call 642-7631 for more information.

Card Clubs

Pinochle - Cost: Free, Tuesdays, 10:30 a.m. - 2:30 p.m., Weeks Center, Room 4 Canasta - Cost: Free, Tuesdays and Fridays, 11:30 a.m. - 3:30 p.m., Weeks Center,

Room 4

Bridge - Cost: \$1 per person, Fridays, 11:30 a.m. - 3:00 p.m., Weeks Center,

Room 2

Call 642-7631 for more information.

Mahjong

2 game sets are provided. Participants may bring their own game sets. Snacks are welcomed.

Cost: Free

Monthly: Thursdays, 1:00 - 4:00 p.m.

Weeks Center, Room 2

Call 642-7631 for more information.

Rummikub

2 game sets are provided. Participants may bring their own game sets. Snacks are welcomed.

Cost: Free

Monthly: Thursdays, 9:00 a.m. - 12:00 p.m.

Weeks Center, Room 2

Call 642-7631 for more information.

Seniors on the Go! Monthly Day Trips

To find out more information about our trips and events, call the Weeks Center to have your name and address put on our "Seniors On theGo!" quarterly newsletter, as well as monthly updates.

Weeks Center Call 642-7631 for more

information.



Check the Weeks Center front desk in April for Summer Adventures Day Camp registration forms and more information!

City of Aiken Parks, Recreation & Tourism Facilities

